



SOLSTAR CODE OF PRACTICE

Solstar Sports Association believes that it is important that members and coaches associated with the club should, at all times, show respect and understanding for the safety and welfare of others.

As a member of Solstar, you are expected agree to and abide by the following code of practice:

1. All members must abide by the rules of the club and they must respect the coach's instructions and decisions.
2. All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
3. Members should aim to arrive on time for training, (we understand this is sometimes difficult with work and other commitments), if members are late they should inform the instructor of their arrival.
4. Members should report injuries or accidents to the instructor. There is always a first aid kit and accident book on the signing in table.
5. Members should make an effort to pay what they can toward training and events.
6. Solstar has a zero tolerance policy for bullying or abusive behaviour in any form. This includes physical, verbal or psychological abuse. Any behaviour of this type should be reported to the instructor. Any complaint will be treated in the strictest confidence.
7. Solstar instructors reserve the right to ask any member to leave or refuse entry or membership to any person at anytime.
8. Solstar has a no photography/filming policy, from time to time instructors will take photos and seek permission from any person featured to publish photographs on social media for promotional purposes.
9. Any serious complaint about a member or instructor should be made in writing and will be treated in confidence and taken seriously. Solstar reserves the right to suspend any member while the complaint is investigated.

Members of Solstar will be expected to:

- Respect every persons need for, and rights to, an environment where safety and security are available.
- Respect the feelings and views of others.
- Recognise that everyone is important and that our differences should be valued.
- Show appreciation of others by acknowledging individual qualities, contributions and progress.
- Report all incidents of bullying and abuse they see.

Instructors will be expected to:

- Listen to and support anyone who reports an incident of bullying or abuse.
- Investigate objectively any report of abuse and listen carefully to all those involved.
- If necessary, take appropriate action.

Solstar has established and maintained a positive, friendly and tolerant atmosphere and we plan to continue with this ethos.

Coaching, Teaching and Instructing

The purpose of this code of practice is to establish and maintain standards for martial arts coaches within Solstar and to inform and protect members of the public using their services. The code of conduct sets out a series of standards in respect of integrity, responsibility, competence and confidentiality. Solstar Coaches must be fully aware of this code, accept their responsibility to students and colleagues. Coaches must treat everyone equitably, within the context of their activity and ability. The Solstar coach will be concerned primarily with the well-being, safety, health of the individual student. However, students must accept responsibility for their own behaviour and performance in training.

Confidentiality

Solstar gathers personal information about students in the course of running the club. The instructors at Solstar will treat this information as confidential unless otherwise agreed with the student. Confidentiality does not preclude the disclosure of information, to persons who can be judged to have a 'right to know', relating to students when relevant to the following:

- a) Evaluation of the student within the sport for competitive selection purposes.
- b) Medical requirements for disclosure.
- d) In connection with action to protect children from abuse.

Health & Safety

Coaches and participants have a legal requirement to protect the Health & Safety of people that they train (and train with). Most martial arts have an element of contact. Participants should be made aware of the risks associated with this before they begin training. Every effort must be made to make sure that the training environment, practices and equipment will not cause serious injury to people taking part and also to other users of the training area.